



Sample Dinner menu

Today's aperitifs

South Sands Cooler £5.75
Bellini £9.50

Wines by the glass

Whites

Chenin blanc, Long Beach, South Africa 2009 £4.10
Picpoul de Pinet, Languedoc, France 2009 £5.50
Albarino, Monte de Ceo, Spain 2008 £8.00

Roses

Borsao Rosado, Campo de Borja, Spain 2009 £4.25
Pinot Rose, Domaine Begude, Limoux, France 2009 £6.00

Reds

Tempranillo, Tapada, Spain 2006 £4.10
Cotes de Rhone, Domaine l'Ameillaud, France 2009 £5.75
Pinot Noir, Loma Larga, Chile 2008 £7.50

Lunch and early dinner menu

2 courses £14.95 - 3 courses £19.95
available daily from 12-4pm and from 6-7pm

Ham hock terrine with piccalilli
Local mussels with bay, chilli and white wine

Slow roast pork belly, with gooseberry,
ginger and elderflower compote

Monkfish with basil, olives and tomato

Strawberries and clotted cream
Ice creams and sorbets

Starters

Ham hock terrine with piccalilli £5.95
Risotto of butternut squash and parmigiano £5.95 / £9.95
Local mussels with bay, chilli and white wine £5.95 / £10.95
Smoked salmon £6.95
Scallops roasted with garlic and herbs £9.95 / £19.95
Shrimps on toast £6.95
Mozzarella di bufala campagna with heritage tomatoes and basil £7.95
Crab crostini £7.25
Prawns and avocado £7.25
Deep fried squid with aioli £7.25

Salads

Caesar salad £9.95
Devon crab with mayonnaise and salad £11.95
Greek salad with barrel aged feta £10.25

Breakfast: 7.30-10.00am Monday to Friday
7.30-10.30am Saturday & Sunday
Lunch: 12-4pm Monday to Sunday
Dinner: 6-9.30pm, 6-9pm Sunday

Fish and shellfish

Mackerel grilled with North African spices £9.95
Sea bass with feta, walnut and mint pesto £15.95
Whole lemon sole £19.95
Monkfish with basil, olives and tomato £16.50
Linguine with half a local lobster £21.95
King prawns with fennel and garlic £19.95
Lemon sole fillet fried in breadcrumbs with mashed peas,
chips and tartare sauce £12.50
Sea bream 'al cartoccio', with rosemary, chilli and olive oil £13.95

Meat grills

Aberdeen Angus rib eye steak with béarnaise sauce £19.95
Grilled chicken with smoked paprika, lemon and thyme £13.95
Veal t bone with sage £19.95

Sides

Chips £2.50 Potatoes with butter and mint £2.75
Green salad £2.50 Florence fennel gratin £2.95
Green beans £2.75