



SOUTH SANDS
Boutique Hotel & Beachside Restaurant

Breakfast at South Sands

Please help yourself to juices and cereals from the buffet...and a newspaper too if you like. A member of the waiting staff will be with you shortly to take your order for teas and coffees, toast and cooked food.

Teas all at £2.00

English breakfast
Earl Grey
Peppermint
Green Tea

Coffees and chocolate

Cafetiere £2.00
Americano £2.00
Espresso £1.75 / £2.25
Latte £2.25
Cappuccino £2.50
Mochaccino £2.75
Hot chocolate £2.75

The South Sands Continental £11.00

Tea or coffee, fresh fruit juice, toast with croissants
Your choice of either cereal, granola, muesli,
yoghurt, fresh fruit, ham and cheese or porridge

South Sands Full English £15.00

The South Sands Continental with your choice
of cooked food from the menu opposite

Breakfast drinks

Prosecco 'Special Cuvee' Zonin 125ml £5.50
Prosecco Brut Nerello Mascalese Rose 125ml £5.50
Perrier Jouet, Grand Brut £9.00
Perrier Jouet, Blason Rose £15.00
Bellini £9.50
Bloody Mary £5.95
Virgin Mary £1.75
Fresh juice – Orange, grapefruit or apple £1.75

A la carte

Continental breakfast

Toast butter and jams £1.75
Croissant and pain au chocolat £2.00
Mixed basket (croissant, pain au chocolat and toast) £5.50
Breakfast cereals £2.25
Granola £3.25 Muesli £3.50
Yoghurt £1.75 Fresh fruit £2.25
Plate of ham and cheese £5.50
Porridge with maple and peaches (or plain) £3.95

Cooked breakfast

Pancakes with banana, ricotta and honeycomb £5.25
Grilled mushrooms & emmental cheese on toast £5.95
Bacon sandwich £5.00
Scrambled eggs and smoked salmon with bagel £8.95
Boiled eggs with soldiers £3.95
Smoked haddock with poached egg £5.95
Eggs fried, poached or scrambled £3.95
with your choice of bacon £2.50, sausage £2.50,
tomato £1.00, black pudding £1.50, mushrooms £1.25
Eggs Benedict £6.75 / £13.50
Eggs Royale £7.50 / £14.50
Eggs Florentine £6.95 / £13.95